MINDFUL MIRROR

An entryway product to help the aging population stay organized.

ORGANIZED. CENTRAL. SIMPLE.

The Mindful Mirror is the mirror that doesn't let you forget the big things so you can keep enjoying the little things. It is a ***centralized entryway unit*** that includes shelves, hooks, and a ***mirrored, digital touchscreen display*** of a calendar, to-do list, daily and weekly weather, and ***reminders and notifications.***

The Mindful Mirror is an excellent addition to any household, whether that be of an independent, family, or someone who may need additional assistance throughout the day.

BACKGROUND

We discussed with and received feedback from Warm Hearth Village residents as well as worked with SFCS Arch mentors to help create our final products. After many conversations with residents, my group found a common theme was ***memory loss*** and ***forgetfullness***.

5.4

million adults in the United States are diagnosed with Alzheimer's Disease

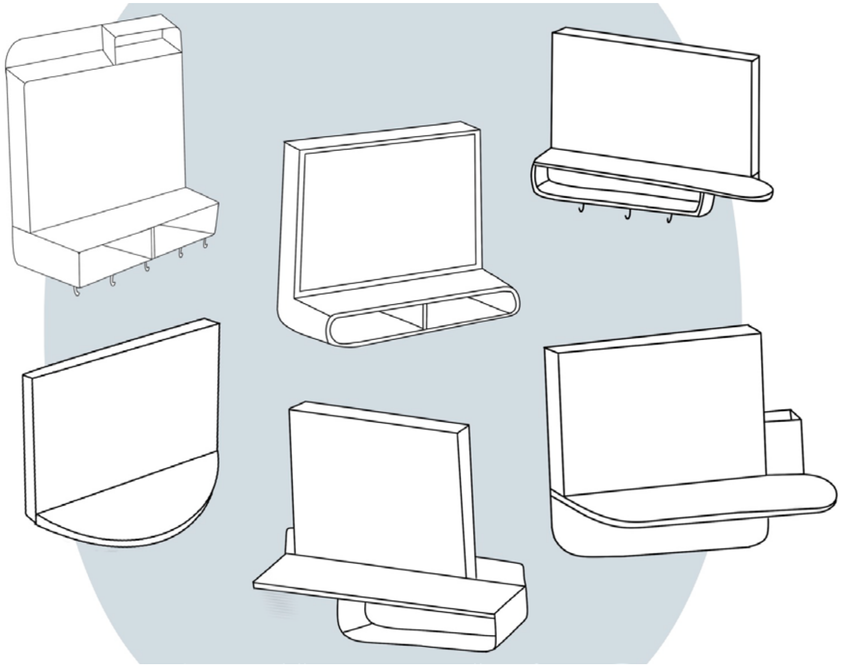
40%

of adults over the age of 65 have memory impairment associated with age

This led us to our problem statement to guide our ideation:

How can we assist seniors in their daily organization and awareness of events, tasks, & items using technology?

FORM INSPIRATION



rounded rectangular form

minimal and simple

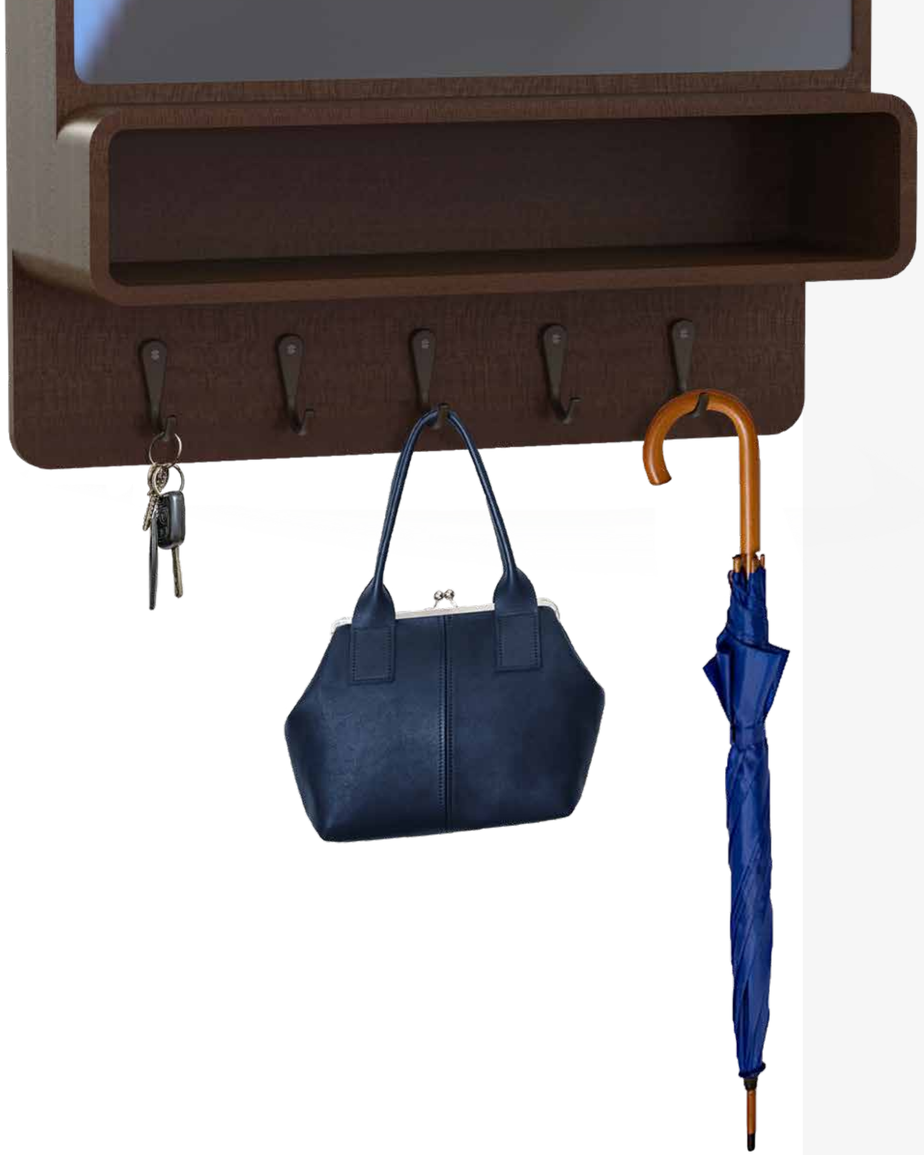
hooks, shelves, and mirror

FEATURES

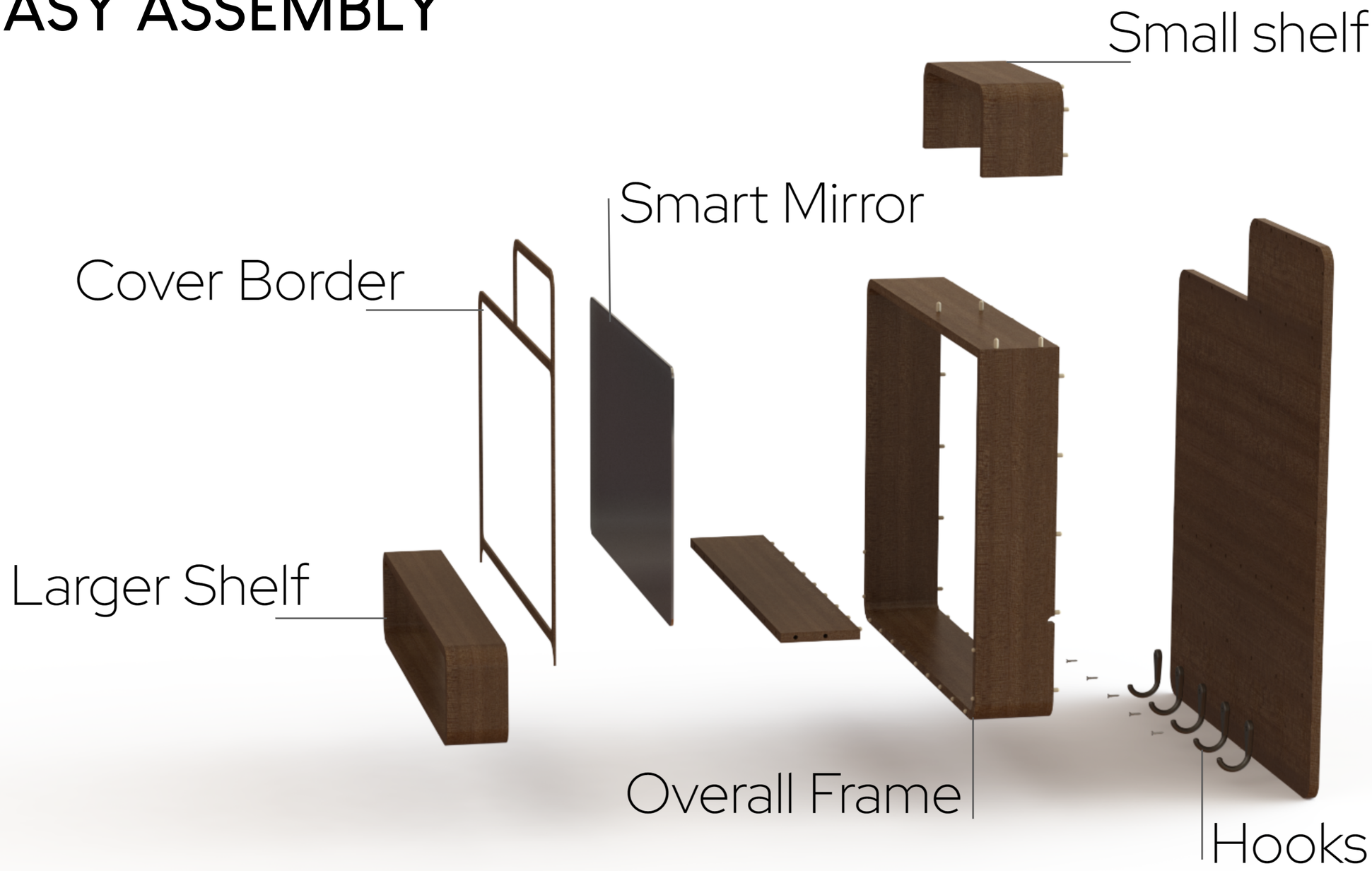
ample shelfspace for daily essentials

convenient smart mirror

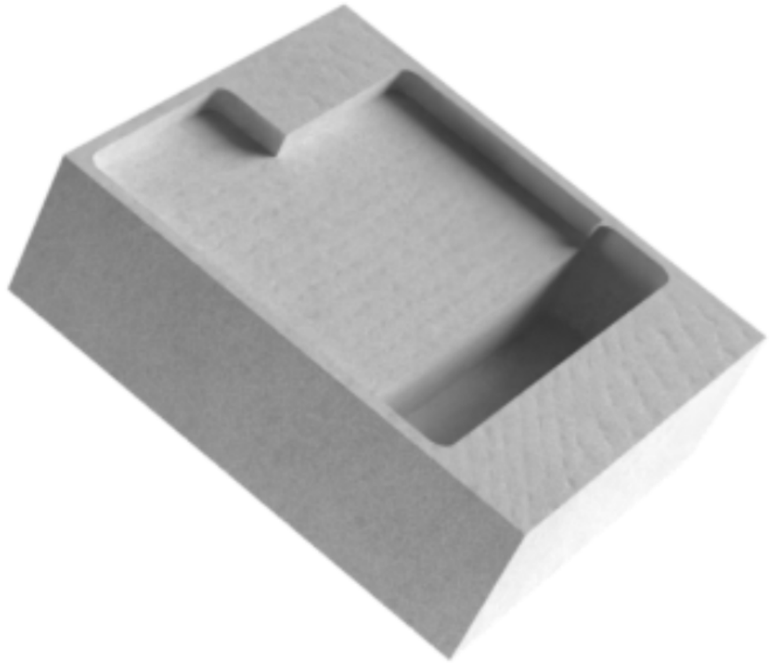
multiple hooks for hanging bags, coats, etc



EASY ASSEMBLY



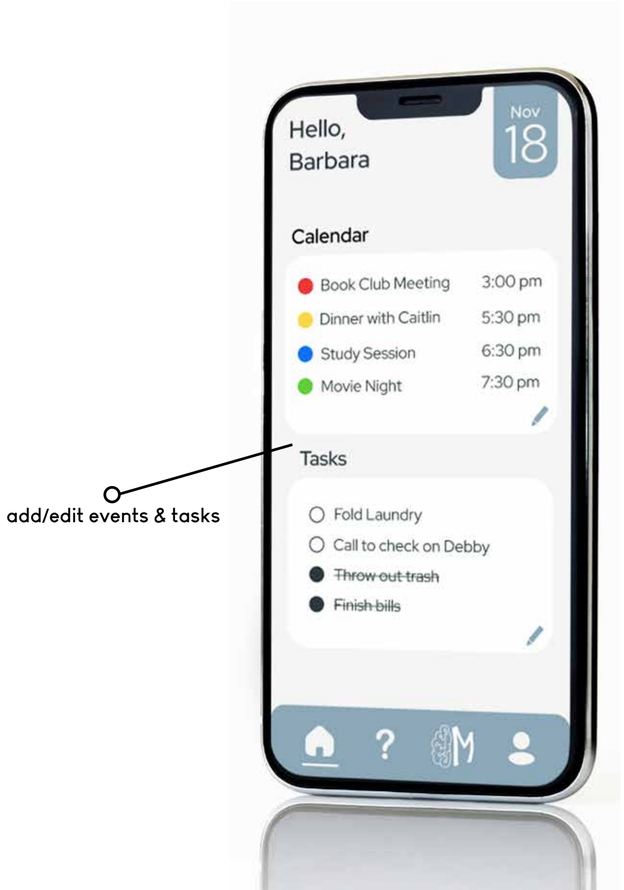
PACKAGING

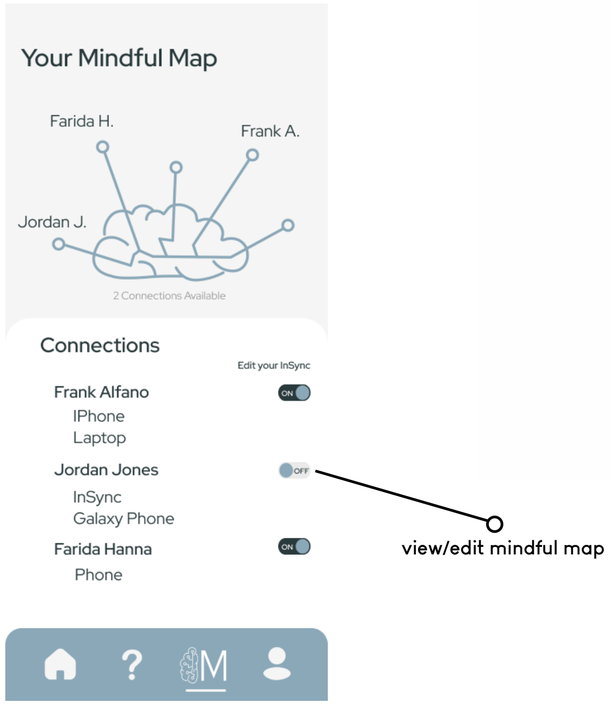


Packaged with **biodegradable tape**, a **cardboard box**, and insulated with a **molded biopolymer foam**, packaging for Mindful Mirror is completely sustainable and will ensure that the product is delivered without any damages. Our molded foam also has easy-grab handles to make the unboxing process less strenuous.

THE MINDFUL APP

The Mindful App is an ***accompanying app for mobile devices*** that allows the owner and approved relatives, guardians, or caregivers to add and edit events or tasks to their mirror from anywhere.





PROTOTYPE + TESTING

Our physcial prototype was made from wood, a raspberry pi to code in the figma interface prototype, an infrared touchframe to allow for funtionality, a computer monitor, and a two-way acrylic sheet to create the smart mirror.

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